



Plants

Milieu & Loose Leaf

Being close to nature is essential to our happiness, and indoor plants are a simple way to bring nature home.

Joined by a passion for good design, Milieu and Loose Leaf are working together to enrich homes with living plants. This guide is designed to help you choose the right indoor plant. Begin by thinking of your home as a series of microclimates, and asking, “What is the right plant for this position?”

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Illustrations by ANNA SKEELS



STRING OF HEARTS

A mini-vine of heart-shaped leaves, this trailing plant thrives without much attention. Native to Southern Africa, it needs little water and can be allowed to dry out between waterings. It's easy to propagate from tiny tubers that sprout from the vine. Suits medium to bright light.

ZANZIBAR GEM

The Crocodile Dundee of plants, it's easy-going and very dry. Native to East Africa it doesn't need much to drink as it stores water in underground tubers. Water once a month and in winter, every few months. This medium-size upright plant with glossy green foliage tolerates low light.





MONSTERA

Native to Central America, Monstera is a large vine that boasts some of the most striking leaves in the plant world. It is also known as the 'fruit salad' plant because of the flavour of its fruit. Avoid harsh direct sun where possible and allow pot soil to dry out some between each watering. Enjoys medium to bright conditions.

MISTLETOE CACTUS

This unique plant with seaweed-like stems is a tropical succulent of sorts. It's easy to care for and doesn't need much to drink. Unlike most cacti that prefer hot and sunny conditions, the Mistletoe is unique and prefers a little more shade. Needs well-drained soil and medium to bright light conditions.



FICUS ELASTICA

The easy-to-care-for 'rubber plant' has the potential to graze the ceiling. Can grow up to 30 metres in its native climate, but as an indoor plant, height will depend on pot size. Pull back from the window to avoid mid-summer sun and allow to dry out between each watering. Enjoys medium to bright to indirect sunlight.



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